

EXPO LATVIA DENTAL 2025

Congress lecture program

Welcome

May 8 - 9

Leading dental exhibition
and congress in Latvia
since 2009

May 8
Thursday

9:00 - 13:00

Congress lecture

1. hall / C 1. floor

1.1. hall / I 1. floor



9:00

9:00 - 10:30

LECTURE NR. 1

9:00 Congress opening!

Opening speech by Minister for health **Hosam Abu Meri**

Opening speech by President of Latvian Dental association **Prof. Anda Brinkmane**



9:30 - 10:30 Latvian Dental association congress opening lecture in two parts:

1. Part - Zobārsti un Veselības Inspekcija - sadarbības jomas.

Veselības Inspekcijas vadītāja **Antra Valdmāne**, Veselības Inspekcijas speciālisti

2. Part - Ar radiācijas drošību saistītie pienākumi, lietojot zobārstniecības rentģeniekārtas.

Agnese Aizpuriete, Licenču un reģistru daļas vadītāja, Radiācijas drošības centrs, Valsts vides dienests

Free entrance!

Online registration

Lecture working language - Latvian

10:00



10:00 - 11:00

LECTURE NR. 3

Speaker **MDT Ralf Oppacher**, Germany

Latvia - looking good in aesthetic red

Lecture for dentist & dental technicians

Abstract:

- The precise and aesthetic veneer alveolar model.
- A marvellous digital workflow

Speaker CV - Vita Ralf Oppacher

1966 born in Minden

1995 Successful completion of the master dental technician examination

1996 - 2012 Owner of a renowned dental laboratory in Minden

Speaker for practical dental topics since 1991

Internationally sought-after speaker and course leader since 1992

2008 Foundation of the 'Ästhetik-Lounge Oppacher' - a centre for dental perfection

Since 2008 Speaker for SHERA Werkstoff-Technologie GmbH & Co. KG, specialising in CAD/CAM and casting technology

Member of the SHERAdigital team since 2012, which holds international courses and lectures on the latest digital processes in dental technology

Thanks to his decades of experience as an independent laboratory manager and master of his trade, SHERA speaker Ralf Oppacher brings extensive knowledge and craftsmanship to the table. In his lectures, he builds a bridge between traditional craftsmanship and modern digital dental technology. Ralf makes even complex topics relating to CAD/CAM and casting technologies understandable for everyone and always strives to set new standards for quality and efficiency in the dental industry together with colleagues and customers.

Working language - English

Lecture fee: 25,- Eur



Improving Oral Health Globally

11:00

11:00 - 13:00

LECTURE NR. 2

Speaker **Prof. Dr. Esra Uzer Çelik**, Turkey

Simplified Direct Restorations: Techniques for Efficient Aesthetic Results

This session will delve into simplified techniques for direct composite restorations, emphasizing the use of universal shade composite resins and other efficient methods. We will cover the indications and limitations of these approaches, providing practical tips and insights for achieving excellent aesthetic outcomes with minimal complexity. Additionally, we will discuss real-life applications in both anterior and posterior regions, highlighting how these simplified techniques can be effectively integrated into daily practice.

Speaker CV - Prof. Dr. Esra Uzer Çelik

Dr. Uzer Celik graduated from Faculty of Dentistry, Ankara University in 2001. She received a PhD degree in Restorative Dentistry from Ege University in 2007. She has a diverse experience in dental education by giving many theoretical and practical courses in Suleyman Demirel University and Izmir Katip Celebi University. She received the "Associate Professor" title in 2012 and "Professor" title in 2018. She served in various administrative positions at different universities, including Vice Dean of Faculty of Dentistry, Head of the Department of Restorative Dentistry, Erasmus Coordinator and Farabi Coordinator.

Her research interests include esthetic dentistry, composite restorations, caries risk assessment, adhesion, clinical trials and digital dentistry. She has authored or co-authored many peer-reviewed publications, and has given many presentations at national or international specific meetings. She is a member of International Association for Dental Research (IADR) and Turkish Association of Restorative Dentistry.

Working language - English, simultaneous interpretation into Latvian will be provided.

Lecture fee: Early bird until 17.04. 35,- Eur, later 45,- Eur



11:30 - 13:00

LECTURE NR. 4

Speaker **Aigars Reinis**, Latvia

RSU Bioloģijas un mikrobioloģijas katedras docents.

Orālās biofilmas un to rezistence pret antibiotikām: izaicinājumi zobārstniecībā

Lecture working language - Latvian

Lecture fee: 20,- Eur



1.2. / J 1. floor
SAMSUNG hall

2.2. hall / U 2. floor



10:00
10:15

10:00 – 12:00

LECTURE NR. 5

Speaker **Prof. Mauro Labanca M.D. D.D.S. F.I.C.D.**, Italy

Are “Human Factors” the primary cause of complications in Dentistry?

Dentistry is a hands-on profession where every diagnosis leads to a therapeutic choice that requires action, always involving some degree of invasiveness, whether minor or major.

Whether dealing with restorative dentistry, endodontics, or surgery, practitioners are constantly engaging in actions: anesthesia, the use of rotating instruments, incisions, flap elevation, sutures, and so on. Each of our actions carries a risk, which in turn brings the potential for complications. A deeper understanding of these risk areas will enable practitioners to work more consciously, reducing the incidence of avoidable, operator-dependent complications. Similarly, greater awareness of the importance of adhering to protocols and eliminating stress factors that can lead our brains to work unconsciously in error is essential. This meeting will address some of these aspects: how to manage anesthesia and pain control, how to handle potential nerve damage or arterial bleeding, how to mitigate the risk of infections, and how to minimize surgical risks.

This course has been chosen as “expert clinician course” by EAO for the year 2023.

Speaker CV - Mauro Labanca M.D. D.D.S. F.I.C.D.

In 1986 Mauro Labanca earned his Medical Doctor degree from the University of Milan, where he also qualified in Dentistry and General Surgery. He has practiced Oral Surgery and Implantology since 1992 in his private dental office located in Milan city center, Italy. He is an International Speaker and Key Opinion Leader for many leading Dental Companies.

He is the European President elect of the International College of Dentists (ICD), and International Councilor.

He is co-author of the **Atlas Anatomy and Surgery in Dentistry** (Elsevier-Masson), the book **Clinical Neurochemical and Experimental Aspects of Orofacial Pain in Dentistry** and the DVD **The Dental Anatomy and Surgery in a Daily Practice**. He is the author of the DVD **Sutures in Dentistry: Materials and Knotting Techniques** as well as several scientific articles published in Impacted Reviews.

He is the author of the book **Clinical and Anatomical Guide to oral surgery** (Quintessence-2020).

From 2001 to 2023 Director of the course of “**Anatomical surgery with Cadaver lab**” at the Institute of Anatomy at the University of Wien, Austria and Institute of Anatomy at the University of Brescia, Italy (XXVIII Editions till now). 2006 Creator and Director of the first **Master of Marketing and Communications in Medicine and Private Dentistry** at IULM University (Libera Università di Lingue e Comunicazione) in Milan, Italy. From 2007 to 2013 **Consultant Professor of Oral Surgery** in the department of Dentistry at “Vita e Salute University” - S. Raffaele Hospital - Milan, Italy. From 2008 up to date Consultant Professor of Anatomy in the Department of Medicine at the University of Brescia, Italy. 2009 Co-Founder of the Italian Society for the study of Oro-Facial Pain (SISDO).
www.maurolabanca.com/en/

Working language - English, translation into Latvian will be provided.

Lecture fee: Early bird until 17.04. - **36,- Eur**, later 42,- Eur



10:15 – 11:45

LECTURE NR. 7

Speaker **Carola Auer**, Austria

Perfect cleaning and disinfection of the inside of the dental clinic.

It is warm it is dark and humid, microorganisms like this environment, it is the perfect medium to grow biofilm and this needs to be avoided.

Working language - English, translation into Latvian will be provided.

Lecture fee: Early bird until 17.04. - **20,- Eur**, later 30,- Eur



12:00



AMERICAN EAGLE

12:15

12:15 – 13:30

LECTURE NR. 6

Speaker **Jørn Døi**, Denmark

Hand Instruments in Modern Dentistry: Innovation, Practice and Science

- Do we still need hand instruments with all the new technology?
- Scientific evidence regarding the use of hand instruments
- Efficacy compared to ultrasonics, etc.
- Instrument design and use.
- What do we need to consider when choosing?
- Instruments in XP Technology vs. sharpening: What's the best approach?
- Recommendations for subgingival and periodontal care.
- Reprocessing of instruments
- Ergonomics in dental instruments.

Speaker CV - Jørn Døi - Nordic Manager Young Innovations

My Dental background is quite long, but the key points:

RDH in 1997 from University in Copenhagen (UIC) BA 2009

1998-2017 Specialist Teacher at the Dental Hygienist education 19 years at UIC, Clinical and theoretical.

Dipl. Statistics and Scientific methods.

Dipl. Periodontics.

Master's degree in Learning Theory from AAU

Course giver for American Eagle Instruments, advanced instrumentation techniques and dental legislation in Denmark.

Working language - English, translation into Latvian will be provided.

Lecture fee: Early bird until 17.04. - **29,- Eur**, later 35,- Eur



12:00 – 13:00

LECTURE NR. 8

Overview of Root Canal Sealers and Filling Techniques

The use of Septodont's new bioceramic sealer BioRoot® Flow in daily practice. We invite you to participate in an educational course on Septodont BioRoot® Flow – an innovative solution for long-term root canal filling that ensures high clinical efficacy and biocompatibility.

During the course, you will gain:

- Knowledge of BioRoot® Flow application in various clinical cases
- Practical guidelines and demonstrations
- Expert advice and the opportunity to ask questions

Language: Latvian (no translation)

Contact person: Kristers Dzenis - kristers.dzenis@sirowa.com, +37126422005

Lecture fee: **35,- Eur**



9:45



10:40

10:40 – 12:40

LECTURE NR. 9

Speaker **Michael J. Melkers, DDS, MAGD, FICDI, FACP, USA**

Form & Function.

Keeping Your Restorations & Reputation Intact

Failure visits our practices in many forms and on many materials. In this program we will explore the forces that threaten our success and what options we have to address them. Occlusion can be one of the driest & most confusing of subjects. It is however one of the most, if not THE most critical aspect of diagnosis and treatment planning when it comes to the longevity of the restorative dentistry that we provide for our patients. During this interactive lecture, Dr. Melkers will guide an exploration and discussion of where we have been as a profession, where we are in our understanding and what mysteries still need to be solved. Concepts and theories will be supported with real world case applications through the program.

Learning Objectives:

1. Learn to recognize critical parafunctional red flags and why they matter
2. Appreciate the balance between function, parafunction & aesthetics
3. Learn realistic management of destructive forces in restorative dentistry
4. Case application from single tooth to full mouth rehabilitation

Speaker CV - Michael J. Melkers, DDS, MAGD, FICDI, FACP

Master, Academy of General Dentistry

Fellow, International Congress of Oral Implantologists

Fellow, American College of Dentists

Dr Michael Melkers is an internationally acclaimed speaker who has presented across 5 continents on occlusion topics, communication and restorative dentistry.

Dr. Melkers is a 1994 graduate of Marquette University School of Dentistry and currently serves as Visiting Faculty at Riga Stradiņš University & The Pankey Institute. He is also an Ad hoc reviewer for the Journal of Prosthetic Dentistry.

In the past he has been Director of Occlusion & Aesthetic Dentistry at the Pacific Northwest AEGD Residency Program and Visiting Faculty at The Spear Institute. He just finished his tenure as Editor for American Equilibration Society and received the 2018 AES President's Distinguished Service Award.

Dr. Melkers is a Master of the Academy of General Dentistry (AGD). He attained Mastership from the AGD – an extensive and rigorous process only 3% of North American dentists have achieved – reflecting his passion for continuing advanced training.

Dr Melkers is an administrator for RipeGlobal Restoring Implant Practice Excellence. He maintains a flourishing private practice in Hanover, The United States.

www.MichaelMelkers.com

Working language – English, translation into Latvian provided.

Lecture fee: Early bird until 17.04. - **36,- Eur**, later 45,- Eur



12:00



09:45 – 11:45

LECTURE NR. 10

Speaker **Riccardo Volta, Italy**

Product Manager Sterilization, Cefla s.c.



Sterilization procedures and protocols in dental practice

Methods of handling instruments and good practices after use to restore instruments to optimal hygienic and functional condition before reuse

- Instrument recovery process - 10 basic steps
- Autoclave tests, why and when
- Sterilization cycle traceability

23 2222 11; e-mail: info@altex.lv

The language of the lecture – English. Translation into Latvian provided.

Lecture fee: Early bird until 17.04. - **40,- Eur**, later 50,- Eur



12:00 – 13:00

LECTURE NR. 11

Speaker **Guna Gūtmane Missa, Mr. sc. cf., certified physiotherapist, Latvia**



Adherence to the basic principles of ergonomics for the preservation of health is a challenge in the daily work of a dentist. Practical tips and exercises from a physiotherapist.

Forced work postures and repetitive, monotonous movements are part of the daily routine of dental professionals, which can affect their health and work efficiency. Various systems in the body can be affected:

- musculoskeletal (acute/chronic pain in joints, muscles, headaches, etc.),
- circulatory and lymphatic systems (e.g. edema, varicose veins),
- respiratory system (shallow and superficial breathing and reduced oxygen content in the blood)
- sexual health disorders,
- vision impairment and related headaches,
- poor concentration,
- chronic fatigue.

How to identify health risk factors in your daily work and how to really help yourself to reduce their negative impact on the body.

23 2222 11; e-mail: info@altex.lv

Lecture fee: Early bird until 17.04. - **50,- Eur**, later 60,- Eur

5. hall / K 2. floor

6. hall / L 2. floor

7. hall / M 2. floor

10:00
10:15

proimplant

10:15 - 11:45

LECTURE NR. 12

More information coming soon!

11:15

ivoclar
vivadent

passion vision innovation

12:00

12:00 - 13:30

LECTURE NR. 13

Speaker **Dr. Maja Petrevska**, Macedonia

Evetric Line: The simple solution for everyday restorations

Reproducing esthetically pleasant anterior restorations requires that clinicians combine artistic skills with fundamental knowledge of tooth morphology, along with selection and use of appropriate composite resin materials.

Today's composite resin systems offer the clinicians various enamel and dentin shades to mimic the variations of tooth opacities and translucencies. Their main objective is to allow replication of the combined optical properties of dentin and enamel. For small anterior class III or V restorations, only one shade may be necessary, because composite resin is relatively translucent, allowing the adjacent and underlying tooth structure to reflect or show through the restoration.

However, for larger through - and - through class III and IV restorations, which have no backing tooth structure, a relatively translucent composite may not be able to mask the dark background of the oral cavity. Therefore, the multilayer technique is recommended, in which an opaque material is placed beneath a translucent composite resin in an effort to create depth from within the restoration and to mask the dark background.

Also, today in our everyday practice very often we have cases where we should restore the whole tooth surface. In cases like this we use direct composite technique. Direct composite veneers have gained an important role in clinical applications following the advent of recently developed materials and techniques in adhesive dentistry. A direct composite veneer can be a very conservative, functional and long lasting restorations.

In cases where one or more of the tooth's walls are absent, matrices are employed to assist in the creation of the proper anatomic contour and proximal contacts without the occurrence of gingival overhangs. Matrices come in a variety of designs, they might range from a simple metal or plastic strips to a circumferential ring of metal surrounding the entire tooth. Although the handling characteristics of modern composites have significantly improved, dentist still encounter challenges with the development of good interproximal contact and proper anatomical contour. The utilization of an anterior matrix system can be paramount in achieving these objectives.

It is important before restoration to evaluate the tooth morphology (line angles, developmental grooves and superficial texture) and how to reproduce those details by sculpting the composite and contouring with finishing burs and disks.

Keywords: composite, class III IV V, direct composite veneer, proximal contact, wedges.

Speaker CV

Maja Petrevska is a dedicated general dentist whose career began as a dental technician in 2008. She obtained her Doctor of Dental Medicine degree in 2017 and pursued a Master's degree in Dental Pathology. Currently, she is an orthodontic resident, combining clinical practice with academic research, focusing on restorative dentistry and the marginal adaptation of composites from Ivoclar Vivadent. Her achievements include winning national and international competitions, such as the Dental Progress Student Award and the Essentia Academic Excellence Contest. In 2019, she secured 4th place in a competition involving 22 countries and 40 universities, presenting her work in Budapest. Recognized for her success, she became a Young Opinion Leader for Ivoclar Vivadent in 2022. Her professional experience includes working at Vega Smile Solutions and previously at Dental Center Pop Ristovi. Skilled in restorative and aesthetic dentistry, endodontic treatments, and periodontal laser use, she also specializes in dental photography. She has completed advanced training with Style Italiano Endodontics, GC Europe, and Ivoclar Vivadent. Fluent in Macedonian, English, Greek, and Serbian, she is known for her leadership, communication, and analytical skills.

Working language - English, translation into Latvian provided.

Lecture fee: Early bird until 17.04. - 25,- Eur, later 30,- Eur

SIROWA RIGA

Professional Dental Care

11:15 - 12:45

LECTURE NR. 14

Speaker **Prof. Philip Schoettle**, Germany

NAD+ - The Key to Longevity: Science, Energy, and Health

What determines not only the length of life but also its quality? One of the key factors is NAD+ - an essential coenzyme involved in cellular metabolism, DNA repair, and energy production. Over time, its levels decrease, contributing to aging and related health issues. However, scientific studies show that maintaining optimal NAD+ levels through diet, physical activity, and supplements can help preserve vitality and slow the aging process.

Join our lecture for an in-depth exploration of the role of NAD+ in longevity and practical ways to promote a healthy and energetic life!

Language: English (no translation)

Contact person: Kristers Dzenis -
kristers.dzenis@sirowa.com, +37126422005

Lecture fee: 35, - Eur

Augma UPDENT

10:00 - 13:00

LECTURE NR. 15

Speaker **Dr. Shveys Mirela**, OMFS, DMD, MD, Israel

Augma on Tour Latvia - Simplicity is the ultimate sophistication

Hands on - Group 1

Bone Graft Cements - An "out of the box" approach to perform complex or simple bone augmentation or reconstruction procedures. Predictable treatment for a variety of augmentation challenges. Theory, comparison cases, and Socket Grafting procedures using bone cements. Hands-on course Extras: Lateral Ridge Augmentation & Augmentation in the Aesthetic Zone. Biphasic Calcium Sulfate as an innovation in usability & predictability.

Speaker CV

Dr. Shveys Mirela, OMFS, DMD, MD is a Certified Specialist in Oral & Maxillofacial Surgery in Israel and Romania, graduated from the residency program at Rambam Medical Health Care Campus, Haifa, Israel in 2007.

She is a double degree doctor, graduated from the Faculty of Dental Medicine in 1998 and the Faculty of Medicine in 2016 both at ' Gr T Popa University of Medicine and Pharmacy Iasi, Romania.

She worked for a couple of years at The Maurice and Gabriela Goldschleger School of Dental Medicine, Tel Aviv University at the Maxillofacial Surgery department where she developed her passion for teaching, working with young students and doctors the art of oral rehabilitation.

Since her graduation, she has worked in private clinics in Romania and Israel, at Arcadia Hospital in Iasi, and now she is the founder of Dr Shveys Dental & Maxillofacial Clinic in Iasi.

Also is a member of IDA, Israeli Association of Maxillofacial Surgery, ITI (International Team of Implantology), and founder of 'IMPLANT SMART Prosthodontic oriented implantology' - a continuous education & study group in Iasi.

She continued training in the field of TMJ pathologies, maxillofacial anomalies, implantology, and digital dentistry in Israel (Tel Aviv), the UK (Oxford), Spain (Barcelona), France (Paris), Netherlands (Utrecht), Switzerland (Davos), Germany (Frankfurt).

She is highly experienced with difficult cases of atrophic jaws, and maxillary rehabilitation with zygomatic, pterygoid, and nasal implants. She follows a passion for teaching as a speaker in many courses and study meetings with clinicians, young doctors, and surgical trainees.

Dr Shveys continues her research, teaches advanced implantology education, and is invited to lecture both nationally and internationally on trending topics in bone and soft tissue regeneration and dental implants

Contact info in case of questions:
ando@updent.ee | +37256094400

Working language - English

Lecture fee: Early bird until 17.04. - 50,- Eur, later 75,- Eur

May 8
Thursday

9:00 - 13:00

Congress lecture

8. hall / N 2. floor

9. hall / O 2. floor



11:00

11:00 - 12:45

LECTURE NR. 16

Speaker **Dr. Michael Stiksa**, Austria



Shade Selection

In dentistry, accurate shade selection is crucial for achieving optimal aesthetic results. According to Clinicians Report, the average dentist selects composite shades five or more times daily, but achieving a perfect color match is not always straightforward. Research indicates that up to 50% of selected shades may not be ideal.

This lecture delves into the complexities of color perception and the various factors that influence it. Attendees will learn practical strategies for selecting the right shade, including using individual shade guides tailored to specific cases, button technique, and the new way of intuitive shade selection. Additionally, the lecture will cover techniques for effectively masking dark dentin and creating customized shade guides to enhance precision in shade matching.

Short content:

- Science of Color
- Composite optical properties
- Shade guides and shade selection techniques
- Blending effect of composites
- Masking a discolored tooth
- Color stability

Speaker CV

Dr. Michael Stiksa is a veterinary doctor turned dental expert with a rich background in pharmaceuticals. Graduating from Brno Veterinary and Pharmaceutical University in 1992, he later joined 3M's Oral Care Division in 2007. Now, as a Clinical Advisor at Solventum since April 2024, he focuses on educating and training others on dental materials and procedures. Dr. Stiksa brings experience and passion for improving dental care to his role and tries to help you solve your challenges — and advance dental care.

Working language - English, translation into Latvian provided.

Lecture fee: Early bird until 17.04. - **35,- Eur**, later 45,- Eur

11:00 - 12:30

LECTURE NR. 17

Speaker **Dr. Aiva Pakule**, Latvia
FICD, Sertificēta zobārste, SAVANTI



**Minimāli invazīva, ārstam un pacientam draudzīga zobārstniecība
(BRIX3000, ELSODENT, Xyntrus)**

Lecture fee: 50,- Eur

10. hall / P 2. floor

11. hall / R 2. floor

straumanngroup



11:00

11:30

11:30 - 13:30

LECTURE NR. 18

Speakers **Dr. Baiba Sprinģe** and **Dr. Miks Lejnīeks**, Latvia

Tūlītēja implantācija un sloģošana: starpdisciplināra pieeja no ķirurģijas līdz protezēšanai.

Lektoru CV - Dr. Baiba Sprinģe

Sertificēta zobu protēziste - RSU Stomatoloģijas institūta Implantoloģijas klīnika
Docente - RSU Zobu protezēšanas katedra

Dr. Miks Lejnīeks

Mutes Sejas un Žokļu Ķirurģija, RSU Stomatoloģijas Institūts
RSU Stomatoloģijas Institūts Implantoloģijas Klīnika
Baltijas Biomateriālu Ekselences Centrs

Lecture fee: 80,- Eur



11:00 - 13:00

LECTURE NR. 19

Speaker **Hig. Audronė Rastauskaitė Gudašienė**, Lithuania

Non-surgical periodontitis treatment with Vector Paro system



Abstract:

- Importance of diagnosis of periodontal diseases
- Protocols for examination and treatment of patients with periodontal diseases
- Teamwork
- Stages and methods of treatment of periodontal diseases
- Specifications of treatment and prevention of periodontitis
- Supportive treatment and care of patients with periodontal diseases
- The possibilities of using the Vector paro system for non-surgical and micro-invasive treatment of periodontal diseases
- Practical application
- Clinical cases

Working language - English, translation into Latvian provided.

Lecture fee: Early bird until 17.04. - **35,- Eur**, later 45,- Eur

May 8
Thursday

14:00 - 17:00

Congress lecture

1. hall / C 1. floor

1.1. hall / I 1. floor

AGD

solventum

14:00

14:30

14:00 - 17:00

LECTURE NR. 20

Speakers **Dr. Michael J. Melkers**, DDS, MAGD, FICOI, FACD, USA
and **Dr. Ieva Jelisejeva**, Latvia

Case Planning & Occlusion for the Everyday Practice

Treatment planning & occlusion seem to get relegated & put on hold for those 'special' cases and perfect patients. In this program, we will explore and discuss the application of communication, treatment planning & occlusion in everyday dentistry and beyond.

Dr. Melkers will take you on a guided tour of the application of these principles in a variety of cases from single tooth, quadrant and full mouth, to multidisciplinary care. Our goal is to help you implement these skills in your practice.

Learning objectives:

1. Understand purpose vs process treatment planning as it applies to outcome-based treatment planning
2. Learn the principles of facially generated treatment planning
3. Learn a simplified presentation protocol that patients will understand and appreciate
4. Appreciate the benefits of a patient-centered, doctor-facilitated approach to case planning and acceptance.
5. Learn when, why & how phasing treatment can be done safely.

Speaker CV - Michael J. Melkers, DDS, MAGD, FICOI, FACD

Master, Academy of General Dentistry

Fellow, International Congress of Oral Implantologists

Fellow, American College of Dentists

Dr Michael Melkers is an internationally acclaimed speaker who has presented across 5 continents on occlusion topics, communication and restorative dentistry.

Dr. Melkers is a 1994 graduate of Marquette University School of Dentistry and currently serves as Visiting Faculty at Riga Stradiņš University & The Pankey Institute. He is also an Ad hoc reviewer for the Journal of Prosthetic Dentistry.

In the past he has been Director of Occlusion & Aesthetic Dentistry at the Pacific Northwest AEGD Residency Program and Visiting Faculty at The Spear Institute. He just finished his tenure as Editor for American Equilibration Society and received the 2018 AES President's Distinguished Service Award.

Dr. Melkers is a Master of the Academy of General Dentistry (AGD). He attained Mastership from the AGD - an extensive and rigorous process only 3% of North American dentists have achieved - reflecting his passion for continuing advanced training.

Dr Melkers is an administrator for RipeGlobal Restoring Implant Practice Excellence. He maintains a flourishing private practice in Hanover, The United States.
www.MichaelMelkers.com

Working language - English, simultaneous interpretation into Latvian will be provided.

Lecture fee: Early bird until 17.04. **45,- Eur**, later 55,- Eur



14:30 - 16:00

LECTURE NR. 21

Speaker **Dr. Michael Stiksa**, Austria

Hands on course "Shade Selection"



In practical course :

- Custom shade guide with the Filtek Ultimate (StyleItaliano Rcp)
- Intuitive shade selection - button technique with the Filtek Easy Match
- Class IV - adaptive opacity of Filtek Easy Match simplifying anterior restoration
- Masking dark dentin using Filtek Universal Pink Opaquer

In dentistry, accurate shade selection is crucial for achieving optimal aesthetic results. According to Clinicians Report, the average dentist selects composite shades five or more times daily, but achieving a perfect color match is not always straightforward. Research indicates that up to 50% of selected shades may not be ideal.

This course delves into the complexities of color perception and the various factors that influence it. Attendees will learn practical strategies for selecting the right shade, including using individual shade guides tailored to specific cases, button technique, and the new way of intuitive shade selection. Additionally, the lecture will cover techniques for effectively masking dark dentin and creating customized shade guides to enhance precision in shade matching.

Speaker CV

Dr. Michael Stiksa is a veterinary doctor turned dental expert with a rich background in pharmaceuticals. Graduating from Brno Veterinary and Pharmaceutical University in 1992, he later joined 3M's Oral Care Division in 2007. Now, as a Clinical Advisor at Solventum since April 2024, he focuses on educating and training others on dental materials and procedures. Dr. Stiksa brings experience and passion for improving dental care to his role and tries to help you solve your challenges - and advance dental care.

Working language - English, translation into Latvian provided.

Lecture fee: Early bird until 17.04. - **59,- Eur**, later 69,- Eur

1.2. / J 1. floor
SAMSUNG hall

2.2. hall / U 2. floor



14:00
14:30

14:30 - 16:30

LECTURE NR. **22**

Speaker **Prof. Dr. Esra Uzer Çelik**, Turkey

Modern Approaches to Bleaching Techniques

This presentation will explore advanced bleaching techniques, with a focus on at-home bleaching systems, non-vital bleaching, and specialized approaches for managing dental anomalies such as dental fluorosis, and calcific metamorphosis.

Attendees will gain insights into the selection of bleaching protocols, considerations for challenging cases, and evidence-based tips to achieve predictable outcomes.

The session aims to bridge clinical expertise with practical applications, enabling professionals to confidently address diverse patient needs.

Speaker CV - PROF. DR. ESRA UZER ÇELİK

Dr. Uzer Celik graduated from Faculty of Dentistry, Ankara University in 2001. She received a PhD degree in Restorative Dentistry from Ege University in 2007. She has a diverse experience in dental education by giving many theoretical and practical courses in Suleyman Demirel University and Izmir Katip Celebi University. She received the "Associate Professor" title in 2012 and "Professor" title in 2018. She served in various administrative positions at different universities, including Vice Dean of Faculty of Dentistry, Head of the Department of Restorative Dentistry, Erasmus Coordinator and Farabi Coordinator.

Her research interests include esthetic dentistry, composite restorations, caries risk assessment, adhesion, clinical trials and digital dentistry. She has authored or co-authored many peer-reviewed publications, and has given many presentations at national or international specific meetings. She is a member of International Association for Dental Research (IADR) and Turkish Association of Restorative Dentistry.

Working language - English, translation into Latvian provided.

Lecture fee: Early bird until 17.04. - **35,- Eur**, later 45,- Eur



straumanngroup

14:00 - 16:00

LECTURE NR. **23**

Speaker **Dr. Vitālijs Gņusins**, Latvia

Zobu implantācijas plānošana estētiskajā un sānu zobu rajonā

Lekcijas tēmas

1. Klinisko gadījumu analīze.
2. Sadarbība ar laboratoriju.
3. Praktiski digitālie protokoli.
4. Skenera izvēle un skenēšanas tips&tricks.

Speaker CV - Dr. Vitālijs Gņusins DDS, dentist

Specializējas zobu implantācijā un protezēšanā uz implantiem, kā arī veic pētniecisko darbību.

Lecture fee: 60,- Eur



May 8
Thursday

14:00 - 17:00

Congress lecture

3. hall / T 2. floor

4. hall / S 2. floor

14:00



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Online

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or scan this QR Code



15:00

15:00 - 16:00

LECTURE NR. 24

Speaker **Jānis Sējējs**, Latvia

Performance tests for small autoclaves: myths and reality. "Type" tests or sterilization control with type 2 indicators?

During the lecture you will learn about:

1. performance tests of small tabletop autoclaves, the regularity of their use.
2. loading control with type 2 indicators and how it differs from performance tests.

15:45

Working language - Latvian

Lecture fee: 30,- Eur



14:00 - 15:30

LECTURE NR. 25

Speaker **Sandra Ošleja**, Latvia

Sandra Ošleja, founder and manager of "Meistarības skola".

Mg.sc.oecon. Trainer, Business and personal development coach

Communication with patients - service, problem situations and sales

1. Kā uzlabot klientu servisu - ikdienas komunikācija ar pacientiem
2. Sarežģītie klienti un problēmsituāciju risināšana
3. Zobārstniecības pakalpojumu pārdošanas knifi
1. How to improve customer service - daily communication with patients
2. Difficult customers and solving problem situations
3. Tips for dental services sales

23 2222 11; e-mail: info@altex.lv

Lecture fee: Early bird until 17.04. - 60,- Eur, later 75,- Eur



15:45 - 17:15

LECTURE NR. 26

Speaker **Dr. Jeļena Meždreija**, DDS, Latvija

Functional diagnostics and prosthetic planning: opportunities and challenges of digital tools

Application of digital diagnostic tools in clinical practice; review of clinical cases

Speaker CV

Certified dentist, obtained a dental degree from RSU in 2005, leading specialist and owner of the dental clinic "CityDental" since 2010, specializing in functional dental prosthetics since 2020, based on the occlusion concept of Prof. R. Slavicek, supplementing her knowledge in the VieSID Basic and Advanced training programs in Vienna, as well as in Prof. G. Slavicek's international continuing education courses; widely uses digital tools and technologies in practice: intraoral scanning, 3D computed tomography, digital recording of mandibular movements (condylography), digital diagnostic computer software.

23 2222 11; e-mail: info@altex.lv

Lecture fee: Early bird until 17.04. - 50,- Eur, later 60,- Eur



5. hall / K 2. floor

6. hall / L 2. floor

7. hall / M 2. floor

SIROWA RIGA
Professional Dental Care

kuraray Noritake

14:00

14:00 - 15:00

LECTURE NR. 27

Speaker **MSN Inga Buša**, Latvia

Infekciju kontrole un pacientu drošība zobārstniecības praksēs: jaunākās prasības

Zobārstniecības nozarē higiēnas standarti un infekciju kontroles prasības pastāvīgi attīstās, lai nodrošinātu drošu vidi gan pacientiem, gan personālam. Šajā lekcijā apskatīsim aktuālās Eiropas un nacionālās vadlīnijas, kā arī jaunākās izmaiņas normatīvajos aktos, kas ietekmē zobārstniecības prakses ikdienu.

Tiks aplūkotas arī būtiskākās kļūdas un izaicinājumi infekciju kontrolē, kā arī efektīvākās stratēģijas, lai mazinātu krusteniskās kontaminācijas un bioloģisko risku. Ipašu uzmanību pievēršim arī post-pandēmijas ietekmei uz zobārstniecības higiēnas prasībām un pacientu drošību, tai skaitā ventilācijas un aerosolu kontroli.

Galvenie temati:

- Aktuālās infekciju kontroles vadlīnijas un normatīvo aktu izmaiņas Eiropas Savienības un Latvijas likumdošanā, kas attiecas uz zobārstniecības praksi
- Dezinfekcijas un sterilizācijas prasību aktualizācija
- Kā nodrošināt atbilstību prasībām un sagatavoties inspekcijām
- Pacientu drošība un infekciju kontroles efektivitāte praksē
- Biežākās kļūdas infekciju kontrolē un kā tās novērst
- Drošības standarti pacientu un personāla aizsardzībai
- Krusteniskās kontaminācijas riski un to mazināšana
- Post-pandēmijas izaicinājumi un nākotnes tendences zobārstniecības higiēnā
- COVID-19 ilgtermiņa ietekme uz zobārstniecības higiēnas standartiem
- Aerosolu un ventilācijas nozīme infekciju profilaksē
- Inovatīvas pieejas higiēnas protokolu uzlabošanai

Šī lekcija sniegs praktiskas zināšanas un ieteikumus, kas palīdzēs zobārstniecības praksēm efektīvi pielāgoties mūsdienu prasībām, nodrošinot augstākos drošības un higiēnas standartus.

Speaker CV - **MSN Inga Buša**

Infekciju kontroles un sterilizācijas asociācija, Traumatoloģijas un ortopēdijas slimnīca, Centralizētās sterilizācijas un sterilo materiālu apgādes nodaļas vadītāja

Lecture fee: Early bird until 17.04. - 18,- Eur, later 28,- Eur

SDI YOUR SMILE. OUR VISION.

15:15

15:15 - 17:00

LECTURE NR. 28

Speaker **Prof. Dr. Rocio Lazo**, Peru

Regenerative minimally invasive dentistry in dental caries and molar incisor hypomineralization

In this lecture the participants will learn the difference of the minimally invasive of the 80' years and today.

The new concept of the MID is REGENERATIVE the caries lesions in enamel and dentine so is definitive treatment and the Minimally Dentistry of the 80' years only stop the progress of the caries lesion and is a provisional.

Speaker CV

Postgraduate Program in Pediatric Dentistry.
Universidad Peruana Cayetano Heredia.
Professor - Postdoctoral Pediatric Dentistry Program.
Científica del Sur University Dental School. Lima-Perú.
Special Smiles Clinical Director by Special Olympics Inc.
Authorized and Accredited by Special Olympics Inc.
Internship in Pediatric Dentistry Program
University of California San Francisco.
Q3 Awards - Best Research about Medical and Dentistry Science
Fundación Instituto Hipólito Unzué-Perú.
International Speaker on Biomimetic and Minimally Invasive Dentistry
Europe, South Africa, USA, Latin America and Caribbean

Working language - English, translation into Latvian provided.

Lecture fee: Early bird until 17.04. - 30,- Eur, later 40,- Eur

14:00 - 15:30

LECTURE NR. 29

Speaker **Edgars Antonevičs**, Latvia
Head of SIROWA Riga Dental Clinic

Communication as the Key to Success in Dentistry: From the Office to Social Media

In modern dentistry, flawless clinical skills are no longer the only prerequisite for success. Effective communication between the manager, staff, and patients is crucial for building trust, loyalty, and a thriving business.

This lecture will explore the communication triangle - manager, employee, patient - emphasizing how high-quality interaction and purposeful conversation management impact patient experience, employee motivation, and clinic growth. We will discuss the principles of effective internal communication and how social media can become a powerful tool for attracting patients and building a strong clinic reputation.

Join us to discover how communication can be the cornerstone of success for your business or workplace!

Language: Latvian (no translation)

Contact person: Kristeris Dzenis - kristeris.dzenis@sirowa.com, +371 26422005

Lecture fee: 25, - Eur

14:00 - 15:30

LECTURE NR. 30

Speaker **Dr. Aleksandrs Makarovs**, Latvia

Prostodontics. BOPT preparation Restoration of Devitalized Teeth Using the BOPT Technique. Digital Technologies in Dentistry

Lekcijas mērķis: Sniegt dalībniekiem pilnīgu izpratni par bioloģiski orientētu sagatavošanas tehniku (BOPT) devitalizētu zobu atjaunošanai un to, kā tā piedāvā mazāk invazīvu protezēšanas alternatīvu.

- Biežās problēmas devitalizētu zobu atjaunošanā (lūzumi, vitalitātes zudums utt.).
- Pārskats par tradicionālajām protezēšanas metodēm un to ierobežojumiem (piemēram, vainaga pagarināšana, statnis un serde).
- Iepazīšanās ar minimāli invazīvām metodēm protezēšanas zobārstniecībā.
- Indikācijas un kontraindikācijas.
- Detalizēts salīdzinājums starp invazīvām un neinvazīvām metodēm protezēšanas zobārstniecībā.
- Zoba sagatavošana bez noteiktas finiša līnijas.
- Mijiedarbība ar mikstajiem audiem sagatavošanas posmā.
- Vainaga dizains BOPT pieejas kontekstā.
- Kliniskie gadījumu pētījumi:
- Veiksmīgu restaurāciju pārskatīšana, izmantojot BOPT tehniku uz devitalizētiem zobiem.
- Problēmas, ar kurām saskaras procedūru laikā, un kā tās pārvarēt.

Mērķauditorija: zobārsti, protēzisti, zobu tehniķi

Speaker CV

Specializējas keramikā restaurācija smaida estētikas uzlabošanai, implantācija un protezēšana implantos, zudušā kaula atjaunošana. Praktizē gan Latvijā, gan Igaunijā.

Working language Latvian

Lecture fee: Early bird until 17.04. - 25,- Eur, later 35,- Eur

May 8
Thursday

14:00 - 17:00

Congress lecture

8. hall / N 2. floor

9. hall / O 2. floor

DERAIMAS®
STERILIZACIJOS SPECIALISTAI

14:00
14:15

14:00 - 17:00

LECTURE NR. 31

Speaker **Raimondas Dragašius**, Lithuania

Kā izvēlēties pareizo sterilizācijas kontroles indikatoru

- Kāpēc tiek sterilizēti medicīniskie instrumenti
- Kā mēs zinām, ka instrumenti ir sterili
- Kad un kāpēc indikatori norāda uz neveiksmīgu sterilizāciju. Ko darīt?
- Veiksmīgas un neveiksmīgas sterilizācijas gadījumu analīze.
- Atbildes uz jūsu jautājumiem.

Speaker CV

Higiēnists ārsts. Lektors un konsultants.
Māca un konsultē par sterilizāciju un infekciju kontroli.
25 gadu pieredze.
Uzņēmuma DERAIMAS dibinātājs un vadītājs.

Information +370 699 31742

Working language - English, translation into Latvian provided.

Lecture fee: Early bird until 17.04.- **34,- Eur**, later 45,- Eur



Savanti **PRFklinika**
Innovative solutions in dentistry

14:15 - 15:15

LECTURE NR. 32

Speaker **Dr. Aiva Pakule**, Latvia

PRF Klīnika/ Savanti
FICD, Sertificēta zobārste, PRF oficiālā trenere.

Plašāk par PRF - no mutes dobuma līdz karpālā kanāla veselībai.

Lecture fee: 50,- Eur



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2025

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10. hall / P 2. floor

11. hall / R 2. floor



15:00

15:00 - 17:00

LECTURE NR. 33

Speaker **Dr. Aleksandra Kārkle**, Latvia
Rīgas Stradiņa Universitātes Endodontijas Preklīniskā un Klīniskā kursa vadītāja



Praktiskā meistarklase - Droša, ātra un efektīva sakņu kanālu apstrāde ar Coltene HYFLEX OGSF rotējošajām failēm

#1 Grupa

- Endodontiskās sāpes – akūtu un hronisku sāpju kontrole
- Palielinājuma (lupas, mikroskopa) nozīme sakņu kanālu ārstēšanā
- Izolācijas loma endodontijā
- Pieejas kavītes dizains un standarti precīzai instrumentācijai
- Sakņu kanālu lokalizēšanas principi
- Sakņu kanālu mehāniskās apstrādes galvenie principi
- Padomi sarežģītu sakņu kanālu ārstēšanai ar HyFlex OGSF failiem
- Sakņu kanālu ķīmiskās apstrādes galvenie pamatprincipi
- Sakņu kanālu pildīšanas principi un modernas obturācijas metodes

CANALPRO X-MOVE

- Vairāki režīmi precīzai instrumentācijai
- Bezvadu lietošana maksimālam komfortam
- Integrēts aplekts lokators precīzai sakņu kanāla garuma noteikšanai
- Digitālais displejs efektīvai uzraudzībai

OGSF SEQUENCE FAILS

- Inovatīva ražošanas tehnoloģija – optimāla griešanas efektivitāte
- Elastība un izturība, kas pielāgojas dažādām anatomiskām variācijām
- Optimāla secība drošai un prognozējamai kanālu apstrādei
- Lietotājam draudzīga sistēma ikdienas endodontijas darbam

HyFlex EDM failu sistēma ir izstrādāta ātrai un efektīvai sakņu kanālu ārstēšanai, ievērojot standartizētus protokolus, lai nodrošinātu paredzamus un uzticamus rezultātus.

Lecture fee: Early bird until 17.04. - **55,- Eur**, later 65,- Eur

15:00 - 17:00

LECTURE NR. 34

Speaker **Hig. Audronė Rastauskaitė Gudašienė**, Lithuania



Hands on Vector course!
Non-surgical periodontitis treatment with Vector Paro system

- practical application Vector Paro
- working on artificial jaw models
- analysing cases and results

- Importance of diagnosis of periodontal diseases
- Protocols for examination and treatment of patients with periodontal diseases
- Teamwork
- Stages and methods of treatment of periodontal diseases
- Specifications of treatment and prevention of periodontitis
- Supportive treatment and care of patients with periodontal diseases
- The possibilities of using the Vector paro system for non-surgical and micro-invasive treatment of periodontal diseases.
- Practical application
- Clinical cases

Speaker CV

Audrone Rastauskaite, dental hygienist, Lithuania.

Working language - English, translation into Latvian provided.

Lecture fee: Early bird until 17.04. - **65,- Eur**, later 80,- Eur

May 9
Friday

9:00 - 13:00

Congress lecture

1. hall / C 1. floor

1.1. hall / I 1. floor

.'G.C.'

9:30

09:30 - 11:30

LECTURE NR. 35

Speaker **Dr. Georg Benjamin**, Germany

Restoration of compromised vital and nonvital teeth

Learning objectives - Mastering Rubber Dam Techniques:

Learn the essential tools and techniques to ensure rubber dam stability and prevent tearing, even in challenging deep cases, ensuring optimal isolation. Understanding Vital Pulp Therapy: Gain an understanding of vital pulp therapy, from indirect pulp capping to full pulpotomy. Explore the benefits of preserving pulp vitality and how to make the best clinical choices decisions for treatment success. Simplified Post-Endo Restorations: Discover pragmatic approaches to restoring endodontically treated teeth using fiber-reinforced composites, injectable flowable materials, and other efficient techniques for predictable outcomes.

Speaker CV

Dr. Georg Benjamin is a private Dentist in Berlin Germany. His office is focused on microscopic endodontics and Vital Pulp treatments. Together with Prof. Dammaschke is the author of the German and Dutch Book „Die Vitalerhaltung der Pulpa“ After the Berlin Bioemulation Symposium 2015 he was inspired to start teaching as well. He is an Educator for Rubberdam, Pulpotomy, Endodontics and direct composites. Mr. Benjamin studied dentistry at the University of Würzburg, Germany, and Umeå University, Sweden, graduating in 2010. He is also widely known within the German dental community as the creator and host of the country's first dental podcast, "Saure Zähne", which has become a go-to resource for dental professionals. During his career he was able to work together with leading Dentists like Dr. Martin Gollner and started his referral based office Kofferdam in 2022.

Working language - English, simultaneous interpretation into Latvian will be provided.

Lecture fee: Early bird until 17.04.45,- Eur, later 55,- Eur



YOUR SMILE. OUR VISION.

10:45

10:45 - 12:45

LECTURE NR. 37

Speaker **Prof. Dr. Rocio Lazo**, Peru

Hands on course - "Minimally invasive dentistry in dental caries and molar incisor hypomineralization"

Group #1

Hands-on training caries in enamel: in the practical session the participate will practice MID treatment in teeth with enamel caries:

- Protocol and manipulation of the Riva Star Aqua, the SDF 38% and the importance of the KI to reduce the staining of the SDF.
- Protocol and Manipulate the Riva Light Cure and STELA.

Hands-on training caries in dentine: in the practical session the participate will practice MID in dentine caries knowing the best way to do selective caries removal and regenerate the affected dentine:

- Protocol and Manipulate the Riva Light Cure HV and STELA.

Speaker CV

Postgraduate Program in Pediatric Dentistry.

Universidad Peruana Cayetano Heredia.

Professor - Postdoctoral Pediatric Dentistry Program.

Cientifica del Sur University Dental School. Lima-Perú.

Special Smiles Clinical Director by Special Olympics Inc.

Authorized and Accredited by Special Olympics Inc.

Internship in Pediatric Dentistry Program

University of California San Francisco.

O3 Awards - Best Research about Medical and Dentistry Science Fundación Instituto Hipolito Unanue-Perú.

International Speaker on Biomimetic and Minimally Invasive Dentistry Europe, South Africa, USA, Latin America and Caribbean

Working language - English, translation into Latvian provided.

Lecture fee: Early bird until 17.04.- 48,- Eur, later 58,- Eur



12:00

12:00 - 13:15

LEKCIJA NR. 36

Lektors **Dr. Dejan Lisjak**, Srbija

Digital recipes vol.2

Speaker CV

Dr. Dejan Lisjak was born in Belgrade on 7 November 1970.

Graduated from the Faculty of Dental Medicine in Belgrade on 25 March 1996

and specialized in DENTAL PROSTHETICS at the same faculty on 26 June 2001.

He has been a owner of the dental clinic CEREC CENTAR in Belgrade since 2000.

In the development of the clinic, Dr. Lisjak has placed special emphasis on state

-of-the-art diagnostic and therapeutic dental procedures, contributing to the development of computerized dentistry in the region. Dr. Dejan Lisjak is a co-founder of the Association of Computerized Dentistry, established in Belgrade in 2010. He acquired the title of primarius in June 2010, as the youngest doctor holding the title in that decade.

Experience - 2000 - present - Owner of CEREC CENTAR BEOGRAD;

2019 - Present - Digital impression & CEREC KOL for Dentsply Sirona

Activities

In 2019 he became an opinion leader of the company DENTSPLY-SIRONA and their international lecturer. He

is the author and co-author of numerous research papers published in domestic and foreign professional

journals. He has been a guest lecturer at congresses and professional gatherings, and has conducted

courses in modern dental technologies, with particular emphasis on CAI-CAD-CAM systems: 1. 2018.

Belgrade, Serbia, European society of cosmetic dentistry study club, lecture- "DIGITAL IMPRESSION" 2.

2020. webinar for Dentsply Sirona dealers- "CEREC PHILOSOPHY" 3. 2020. webinar- "CEREC in CORONA era"

4. 2020. Novi Sad, Serbia, society of aesthetic dentistry, lecture- "Dental revolution" 5. 2021. webinar-

"Dental Revolution" 6. 2021. Banja Luka, Bosnia and Herzegovina, The association of dentists in the

Republic of Srpska, lecture- "Challenges of new age" 7. 2021. Zadar, Croatia, Aesthetic dental medicine,

lecture- "Mythbuster" 8. 2021. Budapest, Hungary, lecture and masterclass "Digital Protocols" 9. 2022.

Webinar- "From preparation to creation" 10. 2022. Belgrade, Serbia, masterclass- "Digital recipes" 11.

2022. Bratislava, Slovakia, lecture and masterclass- "And what about the future" 12. 2022. Ohrid, North

Macedonia, Macedonian dental society congress, lecture- "Mythbuster" 13. 2023. Opatija, Croatia,

AdMoment (sinergy of croatian and Serbian societies of aesthetic dentistry), lecture and masterclass-

"Digital recipes" 14. 2023. Prague, Czech republic, Two countries dental road show, masterclass- "Digital

recipes" 15. 2023. Martin, Slovakia, Two countries road show, masterclass- "Digital recipes" 16. 2023.

Bratislava, Slovakia, Two countries road show, masterclass- "Digital recipes" 17. 2020., 2021., 2022., 2023.,

CEREC courses: 4 times in Belgrade-Serbia, 2 times in Zagreb-Croatia, Skopje-North Macedonia, 2 times

in Nis-Serbia, 5 times in Novi Sad-Serbia, Rovinj-Croatia He is a co-founder of the company EDUCODENT,

established in 2019, dealing with the organization of educational programs for dentists.

Working language - English, simultaneous interpretation into Latvian will be provided.

Lecture fee: 26,- Eur



1.2. /J 1. floor

SAMSUNG hall

2.1. hall / 2. floor

2.2. hall / U 2. floor

10:00
10:30

11:00

10:30 - 11:30

LECTURE NR. 38

Speaker **Doc. Agita Melbārde-Kelme**, Latvia

Pacientu drošība un Pacientu ziņoto pasākumu (PROMs) rezultāti: mūsdiens mutes veselības novērtējums

Pacientu ziņotie rezultāti ir kļuvuši svarīgi, un ārstēšanas panākumu un pacientu apmierinātības novērtēšanai tiek izmantoti instrumenti (pacientu ziņotie rezultāti - PROMs).

Vēsturiski kliniskie zobārstniecības pētījumi galvenokārt balstījās uz zobārstniecības speciālistu klinisko ieguldījumu. Zobu ārstēšanas un mutes dobuma kopšanas rezultātu novērtēšanā uzmanība tika pievērsta tam, cik ilgi ārstēšana un mutes dobuma kopšana ilgst, vai rodas neveiksmes vai komplikācijas, dziedāšanas pakāpi, izdzīvošanas laika novērtējumam, ilgtermiņa panākumiem, riska un aizsargfaktoru noteikšanai, jaunu materiālu un metožu ietekmei un klinisko parametru novērtēšanai.

Šie rezultāti atspoguļo klīnicista novēroto mutes dobuma stāvokļa vai zobārstniecības ieviešanas ietekmi, un tie ir vairāk vai mazāk objektīvi izmērāmi. Tos izmanto, pamatojoties uz pieņēmumu, ka šie rezultāti ir saistīti ar bioloģiskiem un tehniskiem jautājumiem. Tomēr ne vienmēr šie klīniskie rezultāti pienācīgi atspoguļo pacientu pieredzi. Līdz ar to pacientu viedoklis un apmierinātība kļūst arvien svarīgāki veselības aprūpes pētījumos.

Pacienta ziņots iznākums (PROMs) ir definēts kā jebkurš ziņojums par pacienta veselības stāvokli, kas nāk tieši no pacienta, ārstam vai kādam citam neinterpretējot pacienta atbildi, aprakstot, kā pacients jūtas saistībā ar kādu veselības stāvokli.

Zobārstniecības jomā PROMs ir kļuvuši ļoti svarīgi, lai novērtētu zobārstniecības ārstēšanas panākumus

Speaker **CV - Doc. Agita Melbārde-Kelme**

Studiju programmas direktore, Veselības un sporta zinātņu fakultāte. Docētāja, Māšzinību un dzemdiņu aprūpes katedra Pētnieka p. i., Sabiedrības veselības institūts.

Lecture fee: Early bird until 17.04. - 18,- Eur, later 28,- Eur



11:00 - 12:45

LECTURE NR. 40

LZHA Conference on Periodontology

9:00 - 9:40 **Dr. Anastasija Straziņa-Ščerbakova**
"Periodontology in practice: modern techniques and manipulations"

9:40-10:20 **Dr. Jevgēnijs Pustovits**
"Laser treatment in periodontology"

10:20-11:00 **Dr. Dārta Elizabete Emuliņa**
"Granulation tissue in periodontal pockets - do they really have to be removed?"

11:00 -12:00 **Dr. Anžela Papava**
"Dental hygienist - an essential part of the team in diagnosing, preventing, and treating periodontal diseases."

12:00-12:30 Lunch

12:30-13:15 **Dr. Una Stāmere**
"A new era in dentistry: minimally invasive techniques and evidence-based practice"

13:15-14:00 **Assoc. Prof. Anda Slaidiņa**
"Care of dental implant-supported constructions"

Working language - Latvian

Participation fee: Early bird until 17.04. - 50,- Eur, later 70,- Eur

kuraray Noritake

10:00 - 11:30

LECTURE NR. 41

Speaker **Dr Vladislavs Ananjevs, MSc, PhD., Latvia**

Uz implantiem balstītas totālas protēzes: no plānošanas līdz pastāvīgas konstrukcijas izgatavošanas.

Uz implantiem balstītas totālas protēzes ir labākais risinājums pilnīgas zobu zaudēšanas gadījumā, kas nodrošina funkciju un estētiku, aizstājot dabīgos zobus ar fiksētām vai izņemamām konstrukcijām.

Galvenie posmi: diagnostika, plānošana, ķirurģiskais un protezēšanas etaps.

Speaker **CV - Dr Vladislavs Ananjevs, MSc, PhD.**
Sertificēts zobārsts, medicīnas zinātņu doktors.

Lecture fee: Early bird until 17.04. - 25,- Eur, later 35,- Eur

12:00

12:00 - 13:00

LEKCIJA NR. 39

Speaker **Doc. Anda Mindere-Gūbele**, Latvia

Zobu plaisas un lūzumi: endodontista skatījums uz pieaugošu problēmu

Zobu plaisu un lūzumu klasifikācijas un etioloģija. Zoba kroņa daļas un sakņu plaisu un lūzumu klīniskā un radioloģiskā aina, diagnostika, ārstēšanas taktika un prognoze.

Speaker **CV - Doc. Anda Mindere-Gūbele**
sertif. endodontiste, RSU RN Endodontijas programmas vadītāja

Lecture fee: Early bird until 17.04. - 30,- Eur, later 39,- Eur

'GC'

12:00 - 13:30

LECTURE NR. 42

Lektore **Dr. Dace Krasko**, Latvija

Praktiskais ievads keramikas kroņa izgatavošanas klīniskajos aspektos

Lecture fee: Early bird until 17.04. - 30,- Eur, later 40,- Eur

May 9

Friday

9:00 - 13:00

Congress lecture

3. hall / T 2. floor

4. hall / S 2. floor

**PHILIPS
ZOOM!**

09:45
11:00

11:00 - 12:00

LECTURE NR. 43

Speaker **Dr. Darja Kise**, Latvia

Balināšana, kas strādā: zobārsta skats uz efektivitāti

Šī lekcija apskata jaunākos zinātniskos pētījumus par zobu balināšanas metodēm, to efektivitāti un drošību. Tiks analizētas profesionālās klīniskās balināšanas procedūras, mājas lietošanas metodes un to ilgtermiņa ietekme uz zobu veselību. Īpaša uzmanība tiks pievērsta zinātniskajiem pierādījumiem, kas apstiprina dažādu balināšanas līdzekļu un tehnoloģiju efektivitāti, kā arī tiks aplūkoti biežāk sastopamie mīti un iespējamās blakusparādības.

Lekcija sniegs praktiskas atziņas zobārstiem, palīdzot izvēlēties labāko pieeju pacientu individuālajām vajadzībām.

Lecture fee: Early bird until 17.04. - 25,- Eur, later 35,- Eur



09:45 - 11:45

LECTURE NR. 44

Speaker **Riccardo Volta**, Italy
Product Manager Sterilization, Cefla s.c.



Sterilization procedures and protocols in dental practice

Methods of handling instruments and good practices after use to restore instruments to optimal hygienic and functional condition before reuse

- Instrument recovery process - 10 basic steps
- Autoclave tests, why and when
- Sterilization cycle traceability

23 2222 11; e-mail: info@altex.lv

Working language - English, translation into Latvian provided.

Lecture fee: Early bird until 17.04. - 40,- Eur, later 50,- Eur

12:00



12:00 - 13:00

LECTURE NR. 45

Speaker **Jörg Iowa**, Igaunija
dental technician, Fibonacchi Dental Studio training center founder, CEO



Full-Mouth digital Rehabilitation using latest digital dentistry solutions

3D scanning methodology for complex clinical cases using Shining 3D and axiography. The scanning steps required for successful planning and execution of full mouth rehabilitation on both implants and natural teeth will be covered. Included topics:

- Scanning methodology: how to properly use Shining 3D intraoral photogrammetry scanner and face scanner for accurate digital data acquisition.
- Application of axiography: how to take into account the dynamics of jaw movements for accurate prosthetics.
- Solving complex cases: from diagnosis to final restoration.
- Implant and natural tooth scanning: key aspects and protocol information.
- Digital full mouth rehabilitation protocol.

23 2222 11; e-mail: info@altex.lv

Working language - English, translation into Latvian provided.

Lecture fee: Early bird until 17.04. - 60,- Eur, later 70,- Eur

5. hall / K 2. floor

6. hall / L 2. floor

7. hall / M 2. floor

proimplant

SIROWARIGA

Professional Dental Care

Savanti

Innovative solutions in dentistry

10:15
11:00

10:15 - 11:45

LECTURE NR. 46

Speaker **Dr. Gita Zommerfelde - Antipina**, Latvia

Implantologa vēstījums zobārstam

Lekcijas mērķis ir sniegt pamatzināšanas zobārstiem par to, ko viņiem vajadzētu zināt par implantoloģiju, lai uzlabotu savu pacientu dzīves kvalitāti. Dalībnieki iegūs izpratni par gadījuma izvēli, kā sagatavot pacientu implantu ievietošanai, kad izņemt zobus, kā turpināt pēc pacienta atgriešanās no implantu ievietošanas. Tiks runāts par mūsdienīgām implantu ievietošanas tehnikām, lai sasniegtu labākos ilgtermiņa rezultātus.

Tēmas:

1. Mūsdienīgas implantu ievietošanas tehnikas
2. Gadījuma izvēle
3. Kad un kā sagatavot pacientu implantu ievietošanai

Speaker CV

Dr. Gita Zommerfelde-Antipina, DDS, Dip Pros, PGDip (Dent Imp) - sertificēta zobārste, sertificēta zobu protēziste, diplomēta implantoloģe.

Lecture fee: 55,- Eur

11:00 - 12:30

LECTURE NR. 47

Speaker **Dr. Arnolds Bite**, Latvia

Biomimetics - Nature-Inspired Prosthodontics

Are traditional crowns really the most durable solution? Modern dentistry is evolving, offering innovative and digital approaches that enhance treatment precision and aesthetics.

In this lecture, we will cover:

- Why retention form is no longer the primary factor and what alternative solutions exist
- The advantages of the iTero intraoral scanner and its role in treatment planning
- The impact of digital tools on aesthetics and optimal material selection
- Restoration options for severely damaged teeth and long-term solutions

Join us to learn about the latest trends and the opportunities provided by digital technologies in dentistry!

Language: Latvian (no translation)

Contact person: Kristers Dzenis - kristers.dzenis@sirowa.com, +37126422005

Lecture fee: 35,- Eur

10:15 - 11:45

LECTURE NR. 48

Speaker **Dr. Aiva Pakule**, Latvia
FICD, Sertificēta zobārste, SAVANTI

Minimāli invazīva, ārstam un pacientam draudzīga zobārstniecība (BRIX3000, ELSODENT, Xyntrus)

Lecture fee: 50,- Eur

May 9
Friday

9:00 - 13:00

Congress lecture

8. hall / N 2. floor

9. hall / O 2. floor



10:30

10:30 - 12:00

LECTURE NR. 49

Speaker **Dr. Maja Petrevska**, Macedonia



Evetric Line: The simple solution for everyday restorations

Reproducing esthetically pleasant anterior restorations requires that clinicians combine artistic skills with fundamental knowledge of tooth morphology, along with selection and use of appropriate composite resin materials. Today's composite resin systems offer the clinicians various enamel and dentin shades to mimic the variations of tooth opacities and translucencies. Their main objective is to allow replication of the combined optical properties of dentin and enamel. For small anterior class III or V restorations, only one shade may be necessary, because composite resin is relatively translucent, allowing the adjacent and underlying tooth structure to reflect or show through the restoration. However, for larger through- and - through class III and IV restorations, which have no backing tooth structure, a relatively translucent composite may not be able to mask the dark background of the oral cavity. Therefore, the multilayer technique is recommended, in which an opaque material is placed beneath a translucent composite resin in an effort to create depth from within the restoration and to mask the dark background.

Also, today in our everyday practice very often we have cases where we should restore the whole tooth surface. In cases like this we use direct composite technique. Direct composite veneers have gained an important role in clinical applications following the advent of recently developed materials and techniques in adhesive dentistry. A direct composite veneer can be a very conservative, functional and long lasting restorations. In cases where one or more of the tooth's walls are absent, matrices are employed to assist in the creation of the proper anatomic contour and proximal contacts without the occurrence of gingival overhangs. Matrices come in a variety of designs, they might range from a simple metal or plastic strips to a circumferential ring of metal surrounding the entire tooth. Although the handling characteristics of modern composites have significantly improved, dentist still encounter challenges with the development of good interproximal contact and proper anatomical contour. The utilization of an anterior matrix system can be paramount in achieving these objectives. It is important before restoration to evaluate the tooth morphology (line angles, developmental grooves and superficial texture) and how to reproduce those details by sculpting the composite and contouring with finishing burs and disks.

Keywords: composite, class III IV V, direct composite veneer, proximal contact, wedges.

Speaker CV:

Maja Petrevska is a dedicated general dentist whose career began as a dental technician in 2008. She obtained her Doctor of Dental Medicine degree in 2017 and pursued a Master's degree in Dental Pathology. Currently, she is an orthodontic resident, combining clinical practice with academic research, focusing on restorative dentistry and the marginal adaptation of composites from Ivoclar Vivadent. Her achievements include winning national and international competitions, such as the Dental Progress Student Award and the Essentia Academic Excellence Contest. In 2019, she secured 4th place in a competition involving 22 countries and 40 universities, presenting her work in Budapest. Recognized for her success, she became a Young Opinion Leader for Ivoclar Vivadent in 2022. Her professional experience includes working at Vega Smile Solutions and previously at Dental Center Pop Ristovi. Skilled in restorative and aesthetic dentistry, endodontic treatments, and periodontal laser use, she also specializes in dental photography. She has completed advanced training with Style Italiano Endodontics, GC Europe, and Ivoclar Vivadent. Fluent in Macedonian, English, Greek, and Serbian, she is known for her leadership, communication, and analytical skills.

Working language - English, translation into Latvian provided.

Lecture fee: Early bird until 17.04 - **25,- Eur**, later 35,- Eur

12:00

12:00 - 14:00

LECTURE NR. 50

Speaker **Dr. Cassis Clay**, Portugal



GBR Clinical Cases with Medpark S1: Advanced Bone Augmentation Hands-on Workshop with S1.

Advanced Vertical Bone Augmentation Hands-on Course with Medpark S1. Theory and Practice.

Speaker CV - Dr. Cassis Clay, Portugal

Cassis Oliveira is an experienced dentist and entrepreneur, founder and CEO of Grupo Oralplan. He graduated from Unic, Brazil, and continued his studies at Egas Moniz University, Lisbon, obtaining a degree in dentistry. Specializing in implantology, fixed prosthodontics, occlusion, and digital dentistry, he has also been a CAD/CAM Sirona lecturer. With over 25 years of experience, he has contributed to the advancement of modern treatment methods and education in dentistry. His passion for innovation has led to the development of multiple projects, including dental clinics, laboratories, and a dental training institute.

- 1996 Bacharelado Odontologia, UNIC, Brasil
- 2008 Licenciatura Medicina Dentária, Egas Moniz, Portugal
- 2014 Pós-Graduação Implantologia
- 2015 Pós-Graduação Prosthodontia Fixa
- 2018 Speaker CAD/CAM Sirona
- 2019 Pós-Graduação em Oclusão DTM
- CEO Oralplan Group
- (Clínicas Oralplan / Laboratórios Scan4You / Cora Medical / IOA - Instituto Oralplan Academy / Getup Marketing Agency)

Lecture fee: 35,- Eur

10. hall / P 2. floor

11. hall / R 2. floor



10:00

10:00 – 12:00

LECTURE NR. 51

Speaker **Dr. Aleksandra Kārkle**, Latvia

Rīgas Stradiņa Universitātes Endodontijas Prekliniskā un Klīniskā kursa vadītāja

Praktiskā meistarklase - Droša, ātra un efektīva sakņu kanālu apstrāde ar Coltene HYFLEX OGSF rotējošajām failēm

2. Grupa

- Endodontiskās sāpes – akūtu un hronisku sāpju kontrole
- Palielinājuma (lupas, mikroskopa) nozīme sakņu kanālu ārstēšanā
- Izolācijas loma endodontijā
- Pieejas kavītes dizains un standarti precīzai instrumentācijai
- Sakņu kanālu lokalizēšanas principi
- Sakņu kanālu mehāniskās apstrādes galvenie principi
- Padomi sarežģītu sakņu kanālu ārstēšanai ar HyFlex OGSF failiem
- Sakņu kanālu ķīmiskās apstrādes galvenie pamatprincipi
- Sakņu kanālu pildīšanas principi un modernas obturācijas metodes

CANALPRO X-MOVE

- Vairāki režīmi precīzai instrumentācijai
- Bezvadu lietošana maksimālam komfortam
- Integrēts aspekts lokators precīzai sakņu kanāla garuma noteikšanai
- Digitālais displejs efektīvai uzraudzībai

OGSF SEQUENCE FAILS

- Inovatīva ražošanas tehnoloģija – optimāla griešanas efektivitāte
- Elastība un izturība, kas pielāgojas dažādām anatomiskām variācijām
- Optimāla secība drošai un prognozējamai kanālu apstrādei
- Lietotājam draudzīga sistēma ikdienas endodontijas darbam

HyFlex EDM failu sistēma ir izstrādāta ātrai un efektīvai sakņu kanālu ārstēšanai, ievērojot standartizētus protokolus, lai nodrošinātu paredzamus un uzticamus rezultātus.

Lecture fee: Early bird until 17.04. - **55,- Eur**, later 65,- Eur



11:15

10:00 – 11:00

LECTURE NR. 52

Speaker **MDT Ralf Oppacher**, Germany

3D printed solutions for splints and more ...

Abstract:

- A new effectful and precise workflow
- choosing correct materials on the splint production

Lecture for dentists & dental technicians

Speaker CV

Vita Ralf Oppacher

1966 born in Minden

1995 Successful completion of the master dental technician examination

1996 - 2012 Owner of a renowned dental laboratory in Minden

Speaker for practical dental topics since 1991

Internationally sought-after speaker and course leader since 1992

2008 Foundation of the 'Ästhetik-Lounge Oppacher' - a centre for dental perfection

Since 2008 Speaker for SHERA Werkstoff-Technologie GmbH & Co. KG, specialising in CAD/CAM and casting technology

Member of the SHERAdigital team since 2012, which holds international courses and lectures on the latest digital processes in dental technology

Thanks to his decades of experience as an independent laboratory manager and master of his trade, SHERA speaker Ralf Oppacher brings extensive knowledge and craftsmanship to the table. In his lectures, he builds a bridge between traditional craftsmanship and modern digital dental technology. Ralf makes even complex topics relating to CAD/CAM and casting technologies understandable for everyone and always strives to set new standards for quality and efficiency in the dental industry together with colleagues and customers.

Working language - English

Lecture fee: 25,- Eur



ArtOral

11:15 – 13:15

LECTURE NR. 53

Speaker **Maestro MDT Klaus Mütterthies**, Germany

"ArtOral Emotion of Excellence"

Abstract:

Minimally invasive restorations are one of the crucial advantage for preserving the attractive appearance of the natural tooth structure.

Independently of whether talking about conservative or prosthetic restorative techniques in the context of these types of therapy,

the restoration material is merely meant to replace destroyed tooth structure or missing functional areas.

They offer the greatest precondition to preserve resp. restore the physical integrity of a patient.

Speaker CV - Klaus Mütterthies

Klaus Mütterthies, born 25.12.1943 in Gütersloh, Germany. Education as an dental-technician.

Klaus Mütterthies has his own laboratory, which he use for experimental work and for postgraduate courses.

He has been invited to hold courses abroad in USA, Canada, Australia, Japan, Asia and the most European courses.

From 1991-1992 he had a teaching assignment at the Private University Witten/Herdecke.

Klaus Mütterthies is author of 5 books and 3 videofilms published by Quintessence, Berlin and 1 book published by himself.

Topic: Ceramic work.

Working language - English

Lecture fee: 25,- Eur



May 9

Friday

14:00 - 17:00

Congress lecture

1. hall / C 1. floor

1.1. hall / I 1. floor



YOUR SMILE. OUR VISION.

14:15
14:30

14:30 - 15:30

LECTURE NR. 54

Speakers **Dr. Māris Grībovskis** and **Dr. Arnolds Bite**, Latvia

Optimizing Treatment Efficiency Through Interdisciplinary Collaboration with Invisalign Smile Architect

This lecture explores the power of interdisciplinary collaboration between dentists and orthodontists, focusing on the effective use of Invisalign Smile Architect in treatment planning. Experts will share their experiences in achieving more efficient, predictable, and streamlined outcomes, ultimately enhancing patient satisfaction and optimizing clinical time management.

Lecture fee: Early bird until 17.04. - **25,- Eur**, later 35,- Eur



14:15 - 16:15

LECTURE NR. 55

Speaker **Prof. Dr. Rocio Lazo**, Peru



Hands on course - "Minimally invasive dentistry in dental caries and molar incisor hypomineralization"

Group #2

Hands-on training caries in enamel: in the practical session the participate will practice MID treatment in teeth with enamel caries:

- Protocol and manipulation of the Riva Star Aqua, the SDF 38% and the importance of the KI to reduce the staining of the SDF.
- Protocol and Manipulate the Riva Light Cure and STELA.

Hands-on training caries in dentine: in the practical session the participate will practice MID in dentine caries knowing the best way to do selective caries removal and regenerate the affected dentine:

- Protocol and Manipulate the Riva Light Cure HV and STELA.

Speaker CV

Postgraduate Program in Pediatric Dentistry.
Universidad Peruana Cayetano Heredia.
Professor - Postdoctoral Pediatric Dentistry Program.
Científica del Sur University Dental School. Lima-Perú.
Special Smiles Clinical Director by Special Olympics Inc.
Authorized and Accredited by Special Olympics Inc.
Internship in Pediatric Dentistry Program
University of California San Francisco.
O3 Awards - Best Research about Medical and Dentistry Science Fundación Instituto Hipolito Unanue-Perú.
International Speaker on Biomimetic and Minimally Invasive Dentistry Europe, South Africa, USA, Latin America and Caribbean

Working language - English, translation into Latvian provided.

Lecture fee: Early bird until 17.04. - **48,- Eur**, later 58,- Eur

1.2. / J 1. floor
SAMSUNG hall

2.1. hall / 2. floor

2.2. hall / U 2. floor



14:00 **14:00 – 17:00** LECTURE NR. **56**

14:30

Speaker **Dr. Shveys Mirela, OMFS, DMD, MD, Israel**

Augma on Tour Latvia - Simplicity is the ultimate sophistication

Hands on - Group 2

Bone Graft Cements – An “out of the box” approach to perform complex or simple bone augmentation or reconstruction procedures. Predictable treatment for a variety of augmentation challenges. Theory, comparison cases, and Socket Grafting procedures using bone cements. Hands-on course Extras: Lateral Ridge Augmentation & Augmentation in the Aesthetic Zone. Biphasic Calcium Sulfate as an innovation in usability & predictability.

Speaker CV

Dr. Shveys Mirela, OMFS, DMD, MD is a Certified Specialist in Oral & Maxillofacial Surgery in Israel and Romania, graduated from the residency program at Rambam Medical Health Care Campus, Haifa, Israel in 2007.

She is a double degree doctor, graduated from the Faculty of Dental Medicine in 1998 and the Faculty of Medicine in 2016 both at “Gr T Popa University of Medicine and Pharmacy Iasi, Romania.

She worked for a couple of years at The Maurice and Gabriela Goldschleger School of Dental Medicine, Tel Aviv University at the Maxillofacial Surgery department where she developed her passion for teaching, working with young students and doctors the art of oral rehabilitation.

Since her graduation, she has worked in private clinics in Romania and Israel, at Arcadia Hospital in Iasi, and now she is the founder of Dr Shveys Dental & Maxillofacial Clinic in Iasi.

Also is a member of IDA, Israeli Association of Maxillofacial Surgery, ITI (International Team of Implantology), and founder of “IMPLANT SMART Prosthodontic oriented implantology” - a continuous education & study group in Iasi.

She continued training in the field of TMJ pathologies, maxillofacial anomalies, implantology, and digital dentistry in Israel (Tel Aviv), the UK (Oxford), Spain (Barcelona), France (Paris), Netherlands (Utrecht), Switzerland (Davos), Germany (Frankfurt).

She is highly experienced with difficult cases of atrophic jaws, and maxillary rehabilitation with zygomatic, pterygoid, and nasal implants. She follows a passion for teaching as a speaker in many courses and study meetings with clinicians, young doctors, and surgical trainees.

Dr Shveys continues her research, teaches advanced implantology education, and is invited to lecture both nationally and internationally on trending topics in bone and soft tissue regeneration and dental implants

Contact info in case of questions:
ando@updent.ee | +37256094400
Working language - English

Lecture fee: Early bird until 17.04. - **50,- Eur**, later 75,- Eur



14:30 – 15:30

LECTURE NR. **57**

Speaker **Inga Buša, Latvia**

Infekciju kontrole un pacientu drošība zobārstniecības praksēs: jaunākās prasības.

Lekcijas apraksts:

Zobārstniecības nozarē higiēnas standarti un infekciju kontroles prasības pastāvīgi attīstās, lai nodrošinātu drošu vidi gan pacientiem, gan personālam. Šajā lekcijā apskatīsim aktuālās Eiropas un nacionālās vadlinijas, kā arī jaunākās izmaiņas normatīvajos aktos, kas ietekmē zobārstniecības prakses ikdienu.

Tīks aplūkotās arī būtiskākās kļūdas un izaicinājumi infekciju kontrolē, kā arī efektīvākās stratēģijas, lai mazinātu krusteniskās kontaminācijas un bioloģisko risku. Īpašu uzmanību pievēršim arī post-pandēmijas ietekmei uz zobārstniecības higiēnas prasībām un pacientu drošību, tai skaitā ventilācijas un aerosolu kontrolei.

Galvenie temati:

- Aktuālās infekciju kontroles vadlinijas un normatīvo aktu izmaiņas Eiropas Savienības un Latvijas likumdošanā, kas attiecas uz zobārstniecības praksi
- Dezinfekcijas un sterilizācijas prasību aktualizācija
- Kā nodrošināt atbilstību prasībām un sagatavoties inspekcijām
- Pacientu drošība un infekciju kontroles efektivitāte praksē
- Biežākās kļūdas infekciju kontrolē un kā tās novērst
- Drošības standarti pacientu un personāla aizsardzībai
- Krusteniskās kontaminācijas riski un to mazināšana
- Post-pandēmijas izaicinājumi un nākotnes tendences zobārstniecības higiēnā
- COVID-19 ilgtermiņa ietekme uz zobārstniecības higiēnas standartiem
- Aerosolu un ventilācijas nozīme infekciju profilaksē
- Inovatīvas pieejas higiēnas protokolu uzlabošanai

Šī lekcija sniegs praktiskas zināšanas un ieteikumus, kas palīdzēs zobārstniecības praksēm efektīvi pielāgoties mūsdienu prasībām, nodrošinot augstākos drošības un higiēnas standartus.

Lecture fee: Early bird until 17.04. - **18,- Eur**, later 28,- Eur



straumanngroup

14:00 – 15:30 LECTURE NR. **58**

Speaker **Dr. Olga Depere, Latvia**

Zobu ekstrakcija un tūlītēja implantācija soli pa solim.

Lekcijas tēmas:

- Kā atraumatiski ekstrahēt zobus.
- Alveolas apstrāde.
- Implanta izvēle.
- Implanta vietas preparēšana.
- Individuālais smaganas formētājs vai pagaidu kronis.
- Kaula un mīksto audu augmentācija tūlītējās implantācijas laikā.

Lecture fee: 60,- Eur



May 9

Friday

14:00 - 17:00

Congress lecture

3. hall / T 2. floor

4. hall / S 2. floor

14:00
14:15

Savanti
Innovative solutions in dentistry

PRFklinika

14:15 - 15:15

LECTURE NR. 59

Speaker **Dr. Aiva Pakule**, Latvia
FICD, Sertificēta zobārste, PRF oficiālā trenere.

Plašāk par PRF - no mutes dobuma līdz karpālā kanāla veselībai.

Lecture fee: - 50,- Eur



ALTEX

14:00 - 15:30

LECTURE NR. 60

Speaker **Sandra Ošleja**, Latvia
Founder and manager of "Meistarības skola".
Mg.sc.oecon. Trainer, Business and personal development coach

Communication with patients - service, problem situations and sales

1. How to improve customer service - daily communication with patients
2. Difficult customers and solving problem situations
3. Tips for dental services sales

23 2222 11; e-mail: info@altex.lv

Lecture fee: Early bird until 17.04. - 60,- Eur, later 75,- Eur



15:45

ALTEX

15:45 - 17:15

LECTURE NR. 61

Speaker **Vairis Plečkins**, Latvia
SIA ALTEX specialist, head of the structural unit

Dental handpieces, maintenance

Dental handpieces - types, differences and application. The most common causes of failure and maintenance errors. Proper care of handpieces and selection of care products. Hygiene requirements and MK rules in Latvia.

23 2222 11; e-mail: info@altex.lv

Lecture fee: Early bird until 17.04. - 40,- Eur, later 50,- Eur



5. hall / K 2. floor

6. hall / L 2. floor

7. hall / M 2. floor



14:00
14:15



14:15 - 15:45

LECTURE NR. 62

Speakers **Dr. Aira Kalniņa**, protēziste, RSU docētāja, un **Dr. Ieva Jelisejeva**, GC klīniskais speciālists, RSU docētāja, Latvija

Praktiskais ievads onleju izgatavošanas klīniskajos aspektos

Lecture working language - Latvian

Lecture fee: Early bird until 01.04. - **30,-Eur**, later 40,- Eur



14:00 - 15:30

LECTURE NR. 63

Working language - English, translation into Latvian provided.
More information coming soon!



14:00 - 17:00

LECTURE NR. 64

Speaker **Raimondas Dragašius**, Lithuania

Kā pareizi izvēlēties sterilizācijas kontroles indikatoru



Raimondas Dragašius - higiēnists ārsts. Lektors un konsultants. Apmāca un konsultē par sterilizācijas un infekciju kontroles jautājumiem. Eksperts. DeRAIMAS dibinātājs un vadītājs.

- Kāpēc tiek sterilizēti medicīniskie instrumenti.
- Kā mēs zinām, ka instrumenti ir sterili.
- Kad un kāpēc indikatori norāda uz neveiksmīgu sterilizāciju. Ko darīt?
- Veiksmīgas un neveiksmīgas sterilizācijas gadījumu analīze.
- Atbildes uz jūsu jautājumiem.

Tālrunis uzziņām +370 699 31742

Working language - English, translation into Latvian provided.

Lecture fee: Early bird until 17.04. - **34,-Eur**, later 45,- Eur

May 9

Friday

14:00 - 17:00

Congress lecture

8. hall / N 2. floor



14:00

14:00 - 17:30

LECTURE NR. 65

Speakers - **Dr. Dainius Karpavičius**, Lithuania

Dr. Aleksandrs Makarovs, **Dr. Silīnevičs Jānis**, **Dr. Vladislavs Ananjevs**, Latvia

ROOTT implants - Lecture in 2 parts

1. The Peculiarities of Conometric Fixation in Prosthodontics

Working language - English

Traditional prosthesis fixation methods, such as cemented or screw-retained solutions, often present biomechanical and clinical challenges, including inflammation due to residual cement or screw loosening. Conometric fixation is an innovative, cement-free approach that ensures a secure and stable connection between the implant and the prosthesis while preserving the health of soft and hard tissues. This lecture will cover the principles of conometric fixation, its biomechanical aspects, and clinical advantages. Additionally, various clinical cases will be presented to demonstrate the effectiveness and application of this technique in modern prosthodontics.

2. Minimally Invasive Approach for Replacing Missing Teeth in Atrophic Jaw Bones Without Sinus Lift and Bone Augmentation: Case Analysis

Working language - Latvian

For patients with severe jawbone atrophy, traditional treatment options often involve invasive surgical procedures such as bone augmentation or sinus lift, increasing treatment complexity, cost, and patient discomfort. However, advancements in modern implantology have introduced minimally invasive alternatives that eliminate the need for additional surgical interventions. This lecture will explore the latest solutions for replacing missing teeth in atrophic jaw bones, including short and narrow implants, tilted implant placement, and conometric fixation techniques. Through the analysis of clinical cases, the speakers will demonstrate how these less invasive approaches can achieve long-term functional and aesthetic outcomes.

Speakers CV

Dr. Dainius Karpavičius, Lithuania -

Education: Kaunas University of Medicine (1992 - 1997) Studies of general odontology; Kaunas University of Medicine (1998 - 2001) postgraduate studies of periodontology and implantology;

Dr. Aleksandrs Makarovs, Latvia

Education: Riga Stradins University, Doctor (PhD)

Dr. Silīnevičs Jānis, Latvia -

Education: Riga Stradins University - 2008. - 2013.

Dr. Vladislavs Ananjevs, Latvija

Education:

2009-2014 - Higher professional education (Awarded qualification - Dentist degree, Riga Stradins University, Faculty of Stomatology)

2016-2019 - Doctoral studies - Study program "Medicine", Riga Stradins University

2021 - Defense of the doctoral thesis "The effect of biphasic calcium phosphate bioceramics on the biomechanical properties and mineral density of osteoporotic bone (an experimental study)" for obtaining the Doctor of Medical Sciences (PhD) degree

Working language Latvian, partly English -

The Peculiarities of Conometric Fixation in Prosthodontics - English.

Minimāli invazīva pieeja trūkstošo zobu aizvietošanai atrofiskos žokļa kaulos bez sinuslifta un kaula augmentācijas: gadījumu analīze - Latvian.

Lecture fee: 35,- Eur



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LECTURE NR. 66

Speaker **Dr. Anda Mindere Gübele**, Latvia

Preserving Pulp Vitality in Teeth with Unformed and Formed Roots Using Biodentine XP

We invite you to an exclusive educational course with a practical session, where Prof. Anda Mindere-Gübele will introduce you to Septodont Biodentine XP – an innovation that is transforming the approach to dentin replacement and pulp vitality preservation!

During the course, you will gain:

- Knowledge of Biodentine XP application in both crown and root restorations
- Practical advice and clinical case discussions
- The opportunity to ask questions and learn the latest techniques

Language: Latvian (no translation)

Contact person: Kristers Dzenis - kristers.dzenis@sirowa.com, +371 26422005

Participation fee: 120,- Eur

